



# WALES PRIMARY NEWSLETTER

## FRIDAY 19th JANUARY 2024



### DATES FOR YOUR DIARY

#### February 2024

Wednesday 7th Meeting for Y1 and Y2 parents: Supporting your child with the Phonics Screen Check

Monday 5th– 11th Children's Mental Health Week (more info to follow)

Thursday 8th Valentines Disco (more info to follow)

Friday 9th Break up for half term holiday

Monday 19th Children return to school after February half term break

#### March 2024

Wednesday 6th INSET training day (school closed)

Thursday 7th WORLD BOOK DAY (more info to follow)

Tuesday 26th Parents meeting for FS2, Y1, Y4, Y6

Wednesday 27th Parents meeting for Y2, Y3, Y5

Thursday 28th Easter Service at St Johns church

Thursday 28th Break up for Easter Holiday

Friday 29th School Closed for Good Friday Bank Holiday

#### April 2024

Monday 15th Children return to school after Easter holiday

## IN SCHOOL THIS WEEK...

### Crime in Y5

The children had to put their knowledge to the test on which Monarch had committed the crime by listening to clues from Mrs Long-Melton and by analyzing the evidence they could see! Fantastic history lesson to create great learning memories!



### Y3 trip to Creswell Crags

A freezing but exciting day discovering the caves and landscape at Creswell Crags. Pupils are learning about the life and times of the Stone age and hearing stories of the people and animals that lived in that era.

See next pages for more events and information.

### POLITE REMINDER

Ensure your child(ren) have a **water** bottle every day.

Ensure your child's uniform is name labelled, including their coats.

FS2, Y1, Y2 and Y3 children bring their reading log book to school everyday.

Any lost property will be stored in the entrance to the school hall. It can be collected at the end of the school day with a parent/carer.

P.E kits are to be worn on the day of your child's P.E lesson. No football kits or gymnastics outfits are allowed.

Check your child's class webpage for information specific to their class.

If your child is entering school by themselves please be aware that the school gates are locked until 8:30am.



## Online safety

As some of the children will have had new technology for Christmas we wanted to remind you about supporting your children with their screen time. There is no recommended perfect amount of screen time it will depend on your family and what works for you. While there is no perfect amount of screen time, it should not replace exercise, time spent together as a family, or sleep. When thinking about the right amount of screen time for your children, it is useful to think about the quality of the time being spent on devices, and ask yourself what your child is gaining from their time online. Positive use of technology can support young people's wellbeing, as long as they strike a healthy balance between these and offline activities. While there are many ways that technology can have a positive impact on wellbeing, if children are viewing inappropriate content online, it can have an impact on their behaviour and mental health, no matter how long they spend viewing that content. More information can be found on this link;

[www.childnet.com/blog/screen-timeguidance-for-parents-and-carers/](http://www.childnet.com/blog/screen-timeguidance-for-parents-and-carers/)

## CONTACT INFORMATION

For emergency and urgent messages, plus notification of medical appointments please contact the school office:

Tel: 01909 770236 email: [school@walesprimary.co.uk](mailto:school@walesprimary.co.uk)

To contact your child's teacher regarding their learning and/or behaviour please use their email address. This can be found on your child's class web page on School Spider: [www.walesprimary.co.uk](http://www.walesprimary.co.uk)



# WALES PRIMARY NEWSLETTER

## FRIDAY 19th JANUARY 2024 contd



# SEMH

## Social, Emotional and Mental Health

### **Social, emotional mental health (SEMH)**

As mentioned in our recent letter lots has been happening in school to improve our offer for children who need support with their mental health. We have lots of teaching assistants who are keen to undertake training on how we can support children further and we have planned over the year to increase our capacity. So far, Mrs Baxter, Mrs Hinde and Mrs Doona have taken part in training in ACEs (adverse childhood experiences) and spent time with a mental health specialist on how we can improve our provision in school / practical tips and support. We are working as a team to improve the space in school for children to work on their 1:1 sessions. We have upcoming training on bereavement and zones of regulation.

If your child is struggling with their mental health and you would like to discuss this / put them forward to access in school support please contact myself [amcdonald@walesprimary.co.uk](mailto:amcdonald@walesprimary.co.uk) or pop into the school office. We have a referral form for you to complete as well a strengths and difficulties questionnaire.

### The timeline

- complete referral form and questionnaire and return to Mrs McDonald
- we will triage the referrals and plan when support will begin (you will be notified of this)
- your child's class teacher and your child will also complete a strength's and difficulties questionnaire
- the questionnaires will give your child a score in 5 different areas of social and emotional behaviours
- your child will begin weekly sessions with one of our trained teaching assistants (it is really important that you do not question or ask your child about these sessions in school as it can prohibit their progress)
- after roughly 6 weeks of 1:1 support we will review the progress made and plan next steps

As well as these 1:1 bespoke sessions we are offering we are still doing lots in school at a class level that all children are accessing to support their social and emotional mental health. We give the children the opportunity to discuss and listen to how they can have a healthy mind in PSHE lessons and in assemblies. We have children's mental health week coming up on 5<sup>th</sup> February in which we have different activities planned for each class as well as whole school 'Wellbeing Wednesday' which takes place once per term. We have also been accepted to work with Rotherham's 'With me in Mind' team which supports children with topics such as low mood, sleep, anxiety, self-esteem and wellbeing and body image to name but a few. This work / training will start later on this term.

## **Attendance Award**



## **Class Assembly Dates**

- FS2- Friday 17th May at 2:30pm
  - Y1- Friday 24th May at 9am
  - Y2- Wednesday 20th March at 9am
  - Y3- Friday 9th February at 9am
  - Y4- Tuesday 6th February at 9am
  - Y5- Thursday 23rd May at 9am
  - Y6- Wednesday 21st February at 9am
- All families are welcome to attend.





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Y6 enjoyed a fantastic 3 days at Robinwood activity centre this week. They showed so much determination, teamwork and resilience! Highlights were definitely the Giant Swing, the Piranha Pool and the Zip line. We are extremely proud of them all. At Year 6s class assembly, you will get the chance to see many more photos of the children enjoying all the activities. Well done Y6!



robinwood  
we make  
a really positive  
**DIFFERENCE**  
developing children